

CLAIMS

1. A powder of unhulled cereal grains prepared by the following steps of:

5 impregnating unhulled cereal grains with water;
 roasting said impregnated grains; and
 powdering said roasted grains.

2. A powder of unhulled cereal grains claimed in claim 1 wherein said cereal grains comprise at least one cereal selected from the group of rice, barley, wheat, rye and oats.

10 3. A method of manufacturing a powder of unhulled cereal grains, comprising the steps of:

 impregnating unhulled cereal grains with water for a predetermined time;

15 roasting said impregnated grains for a predetermined time;
 and
 pulverizing the roasted grains into fine powder.

4. A method of manufacturing a powder of unhulled cereal grains claimed in claim 3 wherein said cereal grains comprise at least one cereal selected from the group of rice, barley, wheat,
20 rye and oats.

5. A method of manufacturing a powder of unhulled cereal grains according to claim 3, wherein the unhulled cereal grains are roasted until the roasted grains are colored brown.

25 6. A method of manufacturing a powder of unhulled cereal grains according to claim 3, wherein the unhulled cereal grains are roasted until the roasted grains are colored black.